

# Checklist of items to bring to DTI Summerschool

During the period of the Summer School — from late August to early September — weather conditions in the Münsterland region can vary significantly. Participants may experience anything from cool, rainy days with temperatures around 15 °C and chilly nights to hot, dry summer days exceeding 30 °C. It is therefore essential to be prepared for a wide range of weather scenarios, including both sun and rain.

To support a productive and enjoyable experience, participants are encouraged to follow these general tips:

- Start each day with a proper breakfast to stay energized.
- Stay hydrated throughout the day, especially during outdoor activities.
- Wear appropriate clothing in layers to adjust to changing temperatures.
- Use sunscreen and insect repellent when needed.
- Get sufficient rest each night — the program can be physically and mentally demanding.
- Keep personal belongings safe and always carry essential documents.
- Stay open-minded and respectful in all group interactions — cultural exchange is a key part of the experience.

The following list outlines essential items that participants of the DTI Summer School should bring to be well-equipped for all activities and overnight accommodations.

## For day trips

- Daypack
- Refillable water bottle
- Sunglasses
- Sun hat
- Sunscreen
- Insect repellent (specifically for the trips to Sandstone Museum, historic watermill, Schloß Hülshoff)
- Light rain poncho
- Comfortable hiking shoes
- Notebook and pen
- Laptop or tablet (for coding workshops,...)
- Chargers for electronic devices
- Personal medications
- Light jacket or sweater for cooler evenings
- Snacks for on the go
- Camera or smartphone for photos/flashlight
- Passport or ID

## Additional for the overnight stay outside the hotel at the historic watermill

- Sleeping mat
- Sleeping bag or roll-up blanket
- Toiletry bag with:
  - Soap or eco-friendly shampoo
  - Wet wipes
  - Small towel
  - Toothbrush and toothpaste
  - Additional personal hygiene items
- Power bank
- Small first aid kit
- Quick-dry clothing

- Eco-friendly soap or shampoo bar
- Lightweight scarf or buff
- Travel adapter (for international participants)
- Earplugs and sleep mask
- (Whoever is able to bring a tent, should bring a tent!)

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